

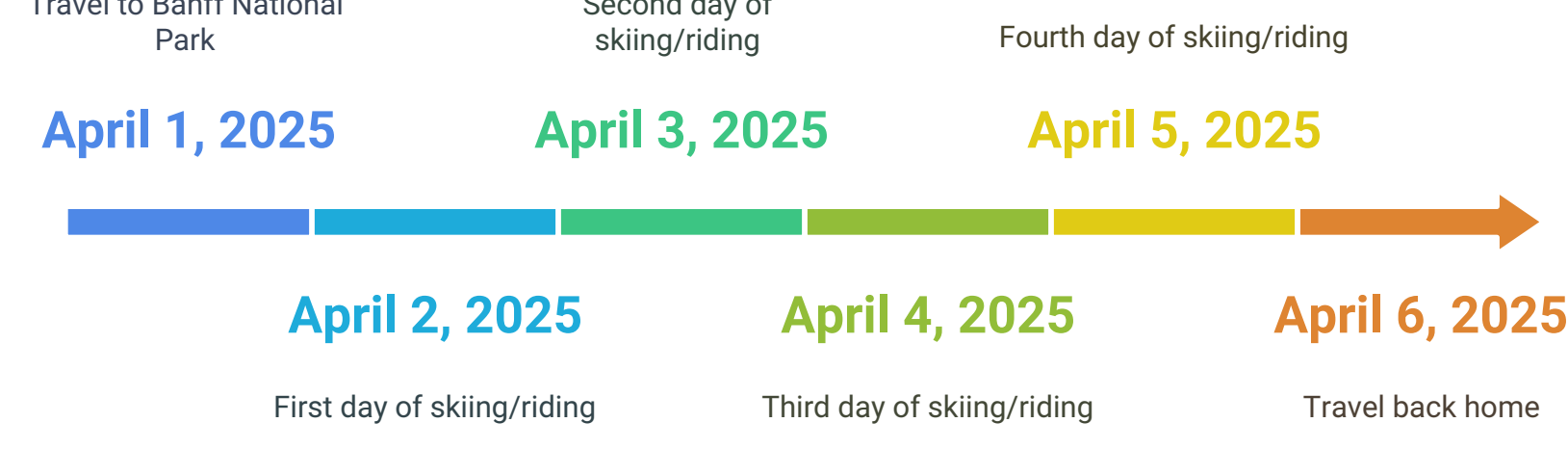
Ski & Snowboard Trip Guide: SkiBig3 Banff (Lake Louise) – April 1–6, 2025

This document serves as a comprehensive guide for your upcoming ski and snowboard trip to SkiBig3 in Banff National Park, scheduled for April 1–6, 2025. It includes essential information on lift ticket options, rental services, lesson availability, mountain safety tips, and a gear checklist to ensure a safe and enjoyable experience in the breathtaking landscapes of Banff. (Prices subject to change. Prices listed are as of 1/20/2024)

Trip Overview

- **Destination:** SkiBig3 in Banff National Park (includes Lake Louise Ski Resort, Banff Sunshine, and Mt. Norquay)
- **Dates:** April 1–6, 2025 (April 1 and April 6 are travel days; 4 skiing/riding days: April 2–5)
- **Activities:** Skiing, snowboarding, group lessons, and exploring the breathtaking beauty of Banff National Park

SkiBig3 Adventure Timeline: April 2025

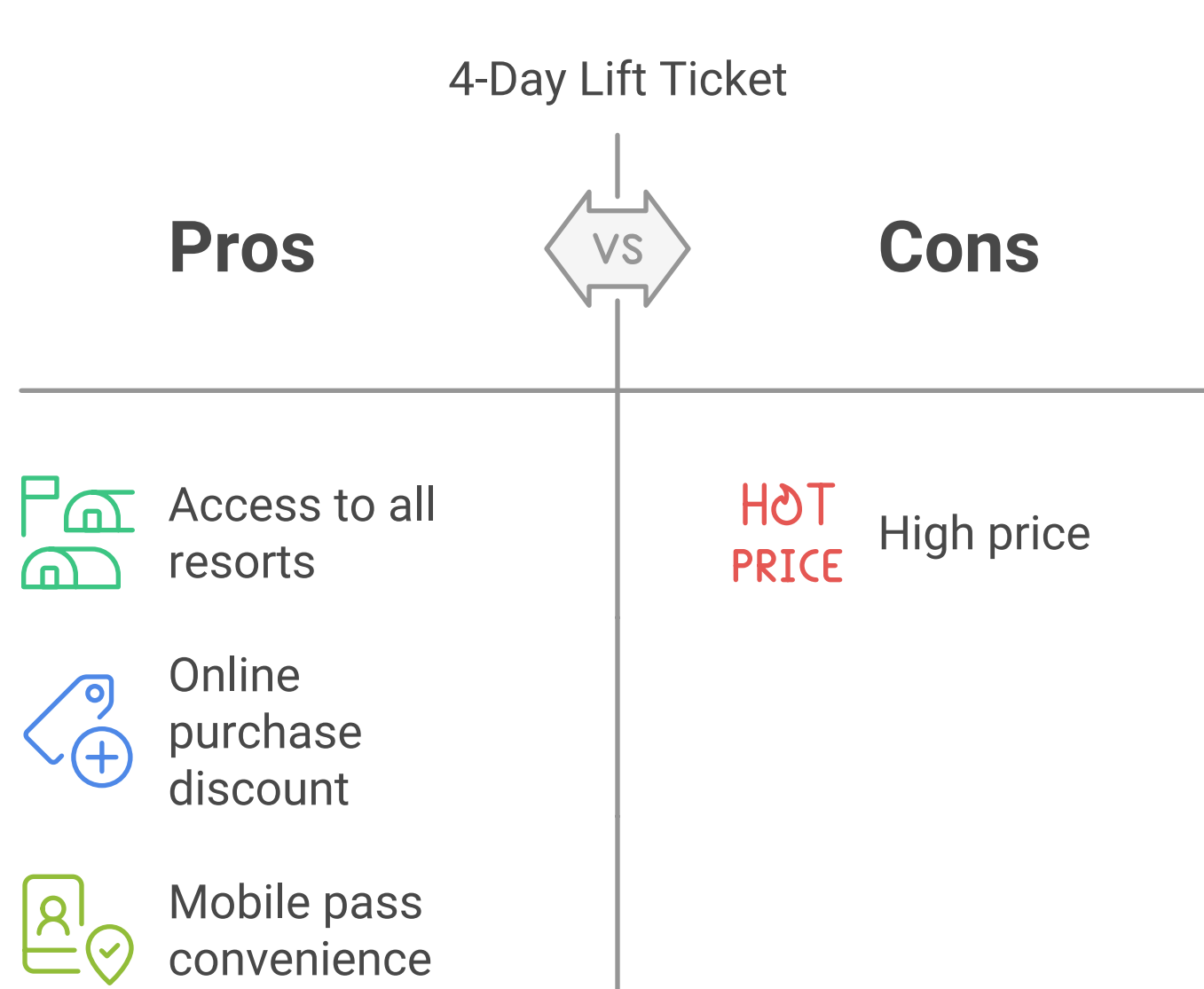


Lift Ticket Options

Lift tickets for 4 days of skiing or snowboarding at SkiBig3 resorts can be purchased online at [SkiBig3 Lift Tickets](#). Current pricing is as follows:

4-Day Lift Ticket for Adults:

- **Price:** \$394.85 CAD (when purchased online)
- **Includes:** Access to all three SkiBig3 resorts (Lake Louise, Banff Sunshine, and Mt. Norquay).
- **Mobile Pass Options:** Available for added convenience. More info at [Mobile Pass Info](#).



Rental Options

Ski and snowboard rentals are available through SkiBig3's rental shops. Rentals include skis, snowboards, boots, and poles, with options for all skill levels.

Ski Rentals (4 days):

- **Performance Ski Package (Skis, Boots, Poles):** \$216.00 CAD
- **Sport Ski Package (Skis, Boots, Poles):** \$192.00 CAD
- **Helmets:** \$32.00 CAD (highly recommended)
- **Rental Info & Booking:** [Ski Rentals](#).

Snowboard Rentals (4 days):

- **Performance Snowboard Package (Board, Boots):** \$216.00 CAD
- **Sport Snowboard Package (Board, Boots):** \$192.00 CAD
- **Helmets:** \$32.00 CAD (highly recommended)
- **Rental Info & Booking:** [Snowboard Rentals](#).

Lessons Options

For beginners or those looking to refine their skills, group lessons are a great option. Group lessons are 2 hours long and are available for both skiing and snowboarding.



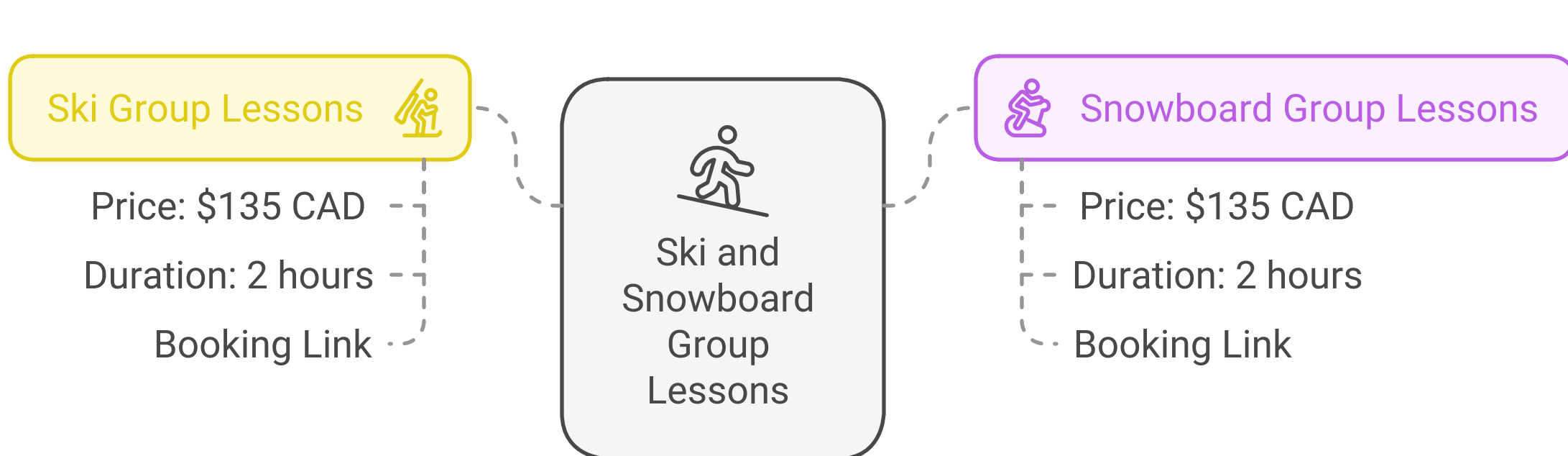
Ski Group Lessons:

- **Adult Group Ski Lessons:** \$135 CAD per person (2 hours)
- **Book here:** [Ski Lessons](#).



Snowboard Group Lessons:

- **Adult Group Snowboard Lessons:** \$135 CAD per person (2 hours)
- **Book here:** [Snowboard Lessons](#).



Mountain Safety Information

Banff National Park offers stunning terrain, but mountain safety is paramount. Here are some tips and resources to keep you safe:

Tips for Staying Safe:

- Always check the daily weather and avalanche conditions before heading out.
- Stick to marked trails and obey signage.
- Dress in layers and carry essentials like water, snacks, sunscreen, and a map.
- Use helmets for skiing or snowboarding.
- Know your limits and progress gradually to more difficult terrain.

Emergency Contacts:

In case of an emergency, contact the Parks Canada Mountain Safety team for assistance. They manage rescues in Banff National Park.

- **Emergency Number:** Dial 911
- **Parks Canada Rescue Information:**
 - **Phone:** 403-762-4506
 - **Website:** [Parks Canada Mountain Safety](#).

Gear Checklist for Skiers and Snowboarders

Here's what you'll need to bring or rent for a safe and comfortable experience:

Clothing:

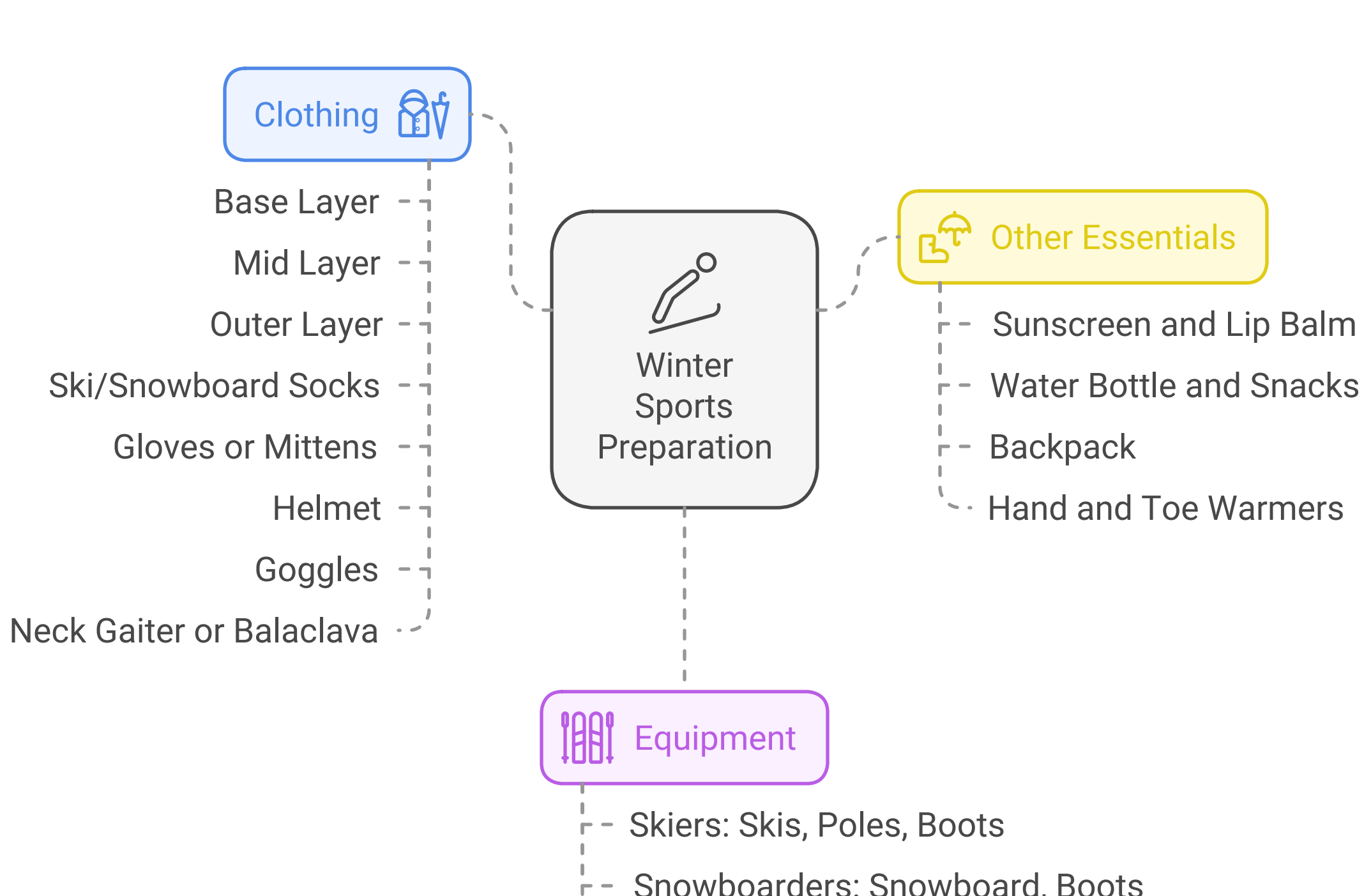
- Base Layer (thermal underwear)
- Insulating Mid Layer (fleece or down jacket)
- Waterproof Outer Layer (jacket and pants)
- Ski/Snowboard Socks (avoid cotton)
- Gloves or Mittens (waterproof and insulated)
- Helmet (available for rent)
- Goggles (essential for protecting eyes from snow glare and wind)
- Neck Gaiter or Balaclava (for warmth)

Equipment:

- **Skiers:** Skis, poles, and ski boots
- **Snowboarders:** Snowboard and snowboard boots
- Helmet (highly recommended)

Other Essentials:

- Sunscreen and Lip Balm (with SPF)
- Water Bottle and Snacks
- Backpack for carrying extra layers, water, or safety gear
- Hand and Toe Warmers (optional for very cold days)



Prepare for an unforgettable adventure in the stunning landscapes of Banff National Park!